

WU
WATERMARK UNIVERSITY

2020

Fall Semester
SEPTEMBER THROUGH DECEMBER

 THE WATERMARK
AT BROOKLYN HEIGHTS

ÉLAN COLLECTION



Hello and thank you for your interest in Watermark University!

The foundation of Watermark University (WU) is to provide meaningful opportunities to learn, teach and grow, resulting in a life of overall well-being. At The Watermark Brooklyn Heights, we pride ourselves in finding thought leaders throughout New York City and beyond to teach informative courses about a wide range of interesting and cutting edge topics. Research shows that learning and keeping our mind active and sharp supports healthy aging.

At Watermark Retirement Communities® we are committed to encouraging our residents and associates to lead balanced lives, full of meaning and purpose, grounded in self-awareness and infused with curiosity. Our Watermark University courses help achieve this goal by inspiring us to go beyond our daily lives in finding ways we can truly thrive in our communities.

By focusing on the Seven Dimensions of Well-being: Physical, Social, Intellectual, Spiritual, Emotional, Environmental, and Vocational we offer the opportunity to achieve a balanced life and we see the benefits across the country in every class, every day.

Sincerely,

Aaron Feinstein

Aaron Feinstein
Director of People, Arts and Culture

Weekly Recurring Watermark University Courses

COURSES	FACULTY	DAY AND TIME	LOCATION
Capture the Moment: Iphone and Digital Photography - The Natural World	Maureen Graf	Mondays • 1:30 PM	Rooftop Sky Lounge
<p>Capture the beauty of nature with your iPhone or digital camera in this introduction to digital photography. Manage your own images through social media such as Instagram, and other sharing platforms. Learn techniques such as framing the image, balance, and symmetry. Learn how to use visual effects such as contrast and brightness to add dimension and life to your images. This class is suitable for all levels of experience. Bring your own smart phone or camera - and we will provide some digital cameras if one is not available to you.</p>			
Beethoven's Symphonies and Afternoon Tea	Aaron Feinstein and the PAC Team	Tuesdays • 3:30 PM	Biblio
<p>Learn about the movements of Beethoven's symphonies (as well as some violin and piano concertos) while enjoying a fantastic afternoon tea created by our dining team. We will get into the history of each piece of music, learn about Beethoven and his personal history and struggles, all while listening to the beautiful music over our incredible sound system (and some occasional special guests!) This is a course for any lover of great music.</p>			
Sculpture Studio and Gallery - The Human forms of Michaelangelo	Chandler French	Tuesdays • 1:30 PM	Art Studio
<p>Michelangelo saw his sculptures alive within the stone, and we will view and learn about his greatest works. In this course, we'll inspire you to unearth your own vision within the medium of sculpture. This is a time to explore unique art making materials and learn how to make art that is not only visual, but also tactile. Every 4th week we will have an open gallery, where we can showcase our creations. Open to all levels of artistic experience and expression.</p>			
Make an Impressionism: The Watercolors of Matisse	Chandler French	Wednesdays • 1:30 PM	Art Studio
<p>How did Matisse make such beautiful, colorful and vibrant images? We'll learn the secrets of Matisse technique and paint vibrant watercolors using the natural light and the views from The Watermark Brooklyn Heights. We will learn watercolor technique and explore the full range of expression. Learn how to set up your watercolor station as well as exploring the different hues and subtle textures from just adding water. This class is suitable for all levels of artistic experience and expression.</p>			

Weekly Recurring Watermark University Courses

COURSES	FACULTY	DAY AND TIME	LOCATION
---------	---------	--------------	----------

Meditate to Motivate	Maureen Graf	Wednesdays • 6:30 PM	Yoga Studio
-----------------------------	---------------------	-----------------------------	--------------------

Meditation is the key, but it only starts the journey on the path to relaxation, clarity, motivation, and creativity. Meditate to Motivate is a five-part thematic program that begins with a meditative narrated journey bringing the listeners to a calm, peaceful place followed by music, discussion, art, and exercise. Please join your fellow members in using this experiential to help in reducing daily stressors, increase the ability to be present in the moment, establish lively communication, and foster creativity.

Pencil, Pen, and Ink - The Art of the Sketch: 20th Century Cartoonists	Chandler French	Thursdays • 1:30 PM	Art Studio
---	------------------------	----------------------------	-------------------

Artist's such as Lyonel Feininger and Norman Rockwell got their start drawing cartoons for the local paper. We'll learn from the masters and explore Pen & Ink drawing technique, and soon you'll be creating Rockwell's on your cocktail napkin. Learn different concepts such as shading and finding negative space in your drawings. We'll focus on the way cartoonists build their figures and creations from stock characters to free-drawn masterpieces. This class is suitable for all levels of artistic experience and expression.

World Music Drumming: African Rhythms	Ariel Weissberger	Thursdays • 3:30 PM	Rooftop
--	--------------------------	----------------------------	----------------

Taught by master musician Ariel Weissberger, we'll explore the unique poly-rhythmic beats from around the world. We'll explore different time signatures, rhythmic patterns, hand drums, and drum stick technique. We'll also learn about drum tone, tuning, and different types of world percussion instruments. This course will be part music therapy, part music and drumming concepts, and part introductory course in learning the voice of the drum.

Singular Watermark University Classes and Series

COURSES	FACULTY	DAY AND TIME	LOCATION
---------	---------	--------------	----------

Classic Cocktails: History and Preparation	Lloyd Lewis & Fred Dexheimer	Thursday, September 10 • 4:00 PM	W Lounge
---	---	---	-----------------

Our Dining Room Manager, Lloyd Lewis, who is also the Director of the beverage program at Watermark Brooklyn Heights, and master sommelier Fred Dexheimer are going to be shaking up and stirring some premium bottles of whiskey and gin. They will show us how to make 3 of our favorite classic cocktails live from the gorgeous W Lounge at the Watermark Brooklyn Heights. Shaken or Stirred - we'll have the definitive answer for you. This event will be both in person for residents and presented virtually via Zoom and Facebook live.

Dance like an Albanian!	Drita Cekic	Tuesday, September 15 • 4:00 PM	Performing Arts
--------------------------------	--------------------	--	------------------------

There are Albanian folk dances for every occasion from different regions (Albania, Montenegro, Kosovo - to name a few...) They express emotions ranging from pride and honor, loyalty and bravery - to rosier ones dedicated to love and play, danced in weddings and other festivities. Albania has a rich folklore and every region of the country has one signature dance. This will be a fun class full of music, some traditional costume, and requires active participation. Open to all levels of experience.

What makes this building tick? Intro to Maintenance and Plant Operations at The Watermark - Brooklyn Heights	Mario Azzopardi	Wednesday, September 16 • 4:00 PM	Lobby
---	------------------------	--	--------------

Maintenance is a tough task, but it should not intimidate any of our Members! While it is not necessary for you to know about every nut and bolt, this course is designed to familiarize our members with each department's basic work as it relates to long term planning and daily operations. You will gain a basic knowledge of building construction, corrective and preventive maintenance and equipment replacement. This course will assist you in learning about a more productive and effective maintenance program. In this course, you will learn about basic concepts surrounding building components and mechanical equipment. In addition, you will learn how our maintenance program works through corrective and preventative maintenance as well as regular inspections. The course is designed for those with some plant operations experience as well as those who are interested but have little or no experience.

Singular Watermark University Classes and Series

COURSES	FACULTY	DAY AND TIME	LOCATION
Mouthwatering Mediterranean Dishes at Gustoso's	Kfir Kertes	Thursday, September 17 • 4:00 PM	Gutoso's
<p>Executive Chef at Watermark Brooklyn Heights Kfir Kertes, will be cooking up some delicious Italian style flatbreads and crisp salads that are recipes featured and cooked live in our Mediterranean restaurant Gustoso's and Family. Learn some amazing tips and tricks (you don't need a wood fired oven!) and watch a master chef create magic from simple recipes before your eyes. If you saw our first virtual series with Kfir, you know Hummus can be extra-ordinary, and we expect this presentation to leave your mouth watering.</p>			
Senior Living in Less Developed Countries	Umadat Nandkumar	Tuesday, September 22 • 4:00 PM	Performing Arts Center
<p>Umadat Nandkumar, our Move-In coordinator who is from Guyana, will discuss senior living in less developed countries. A less developed country is one which does not have the socio-economic means, a small income per capita, and very poor facilities. Seniors still enjoy life with contentment and a sense of understanding and gratitude. In some cases seniors enter the "Dharam Shala" where those who cannot afford to subsidize their living - live from the support of the government in very poor conditions.</p>			
Rock and Roll chart Toppers from the 50's and 60's	Rocco Bertini & Aaron Feinstein	Thursday, September 24 • 4:00 PM	Performing Arts Center
<p>Learn the history behind some of the biggest hit rock and roll songs from the 50's and 60's, and hear a live music performance of a couple of the tunes. Do you know why the pop single is typically between 2 minutes and three minutes and thirty seconds? What was on the radio before rock and roll started to make a splash with the kids? What are some of the earliest rock and roll songs and rock hits? This and more will be answered in this unique class that will showcase a bit of history and a demo of some of the music.</p>			
Anxiety, Let's Deal With it	Elyssa Rosenberg	Tuesday, September 29 • 4:00 PM	Performing Arts Center
<p>This course will cover discussion on root causes, triggers and our body responses to anxiety. We will look into ways in which to deal with this issue including behavior modification modalities and utilizing sensory smell and tactile implementation. We will incorporate these tools for prevention of anxiety and to work through anxiety provoked episodes. Personal experiences and input are a welcome part of this course.</p>			

Singular Watermark University Classes and Series

COURSES	FACULTY	DAY AND TIME	LOCATION
---------	---------	--------------	----------

The History of Coffee

Turnstile Tours

**Thursday, October 1 •
4:00 PM**

Performing Arts Center

Today Brooklyn is known for its coffee culture, which countless coffee shops and artisanal roasters springing up in the last 20 years. But Brooklyn used to be home to America's largest coffee company, filling the docks with coffee from across the globe and roasting nearly 1 million pounds daily in a massive waterfront complex. We will trace the history of coffee's rise through the nineteenth century in Brooklyn, and then look at the coffee culture of the borough today, which includes both newcomers and established artisanal roasters that have been in business for more than a century.

**Inside the World of
American Sign Language
(ASL) and Music**

Sahar Edalati

**Tuesday, October 6 •
4:00 PM**

Performing Arts Center

Come and learn a new way to experience MUSIC through signs! In this beginner ASL course, participants will learn how to convey rhythm and emotions for a variety of musical genres. We will practice showing when the bass drops, soaring pop rock ballads, and a little bit of hip hop to name just a few. Students will use their knowledge of ASL classifiers to show what sound looks like when it goes from paper to "picture" using their hands, bodies, facial expressions and personal style.

**Going Ape Part 2:
Monkeys (and Apes!)
Getting Funky**

Natalia Reagan

**Thursday, October 8 •
4:00 PM**

Performing Arts Center

Join Primatologist and comedian extraordinaire Natalia Reagan, for a hilarious deep dive (pun intended) into the world of primate sexuality. This will be part two of her Going Ape series (you can check out the original course Going Ape on the Watermark Brooklyn Heights Facebook page and website). Natalia will bring her expert-level field work, monkey calls, and hilarious stories and experiences of working with monkeys and apes to this lively discussion.

**Classic and
New Hollywood Cocktails**

Betsy Babu

**Tuesday, October 13 •
4:00 PM**

Biblio

We'll explore classic and new Hollywood with a mix of cocktails from our favorite movies and television shows, and demonstrate how they are made. From the classic Vesper that was featured in Ian Fleming's James Bond books, which inspired the "shaken, not stirred" gin and vermouth martini, to the Cosmo made popular by HBO's Sex in the City, we'll talk about the films and shows, watch some clips, and sample these fun drinks

Singular Watermark University Classes and Series

COURSES	FACULTY	DAY AND TIME	LOCATION
---------	---------	--------------	----------

History of 21 Clark St.

Turnstile Tours

**Thursday, October 15 •
4:00**

Performing Arts Center

Join local historian Andrew Gustafson from Turnstile Tours for an insightful look into the history of 21 Clark St. - originally built as the Leverich Towers Hotel. The Leverich Towers Hotel built in 1928 has been re-imagined into the luxury senior living high-rise that is The Watermark Brooklyn Heights. Did you know that The Leverich Towers hotel was the home game hotel for the Brooklyn Dodgers? Did you know that Mayor Laguardia had an apartment on the top floor of The Leverich Towers hotel, right next to one of the most notorious mobsters in all of New York City? We will unearth the secrets of this historic landmark building.

**Wines at the Watermark:
Taste, look, and Feel**

Vincent Stewart

**Tuesday, October 20 •
4:00 PM**

The W Bar

Learn how to taste, look, and understand the mouth feel of our curated selection of wines at The Watermark Brooklyn Heights. We will be tasting an array of varietals both domestic and foreign wines from some of the best growing regions in the world. We will rate the wines from most favorite to least and use your feedback to update our wine list in the bars and restaurants inside our community. If you like wine, love wine, or just want to get started with a new interest, please join us.

**MariaNY: From NY to
Beyond**

Mariany Colombo

**Thursday, October 22 •
4:00 PM**

Performing Arts Center

Borders are closed, resorts are deserted and planes are grounded during the global COVID-19 pandemic. But even though you are stuck at home you can still get your travel fix without leaving your house. Satisfy your wanderlust for new places with our Business Office Director, Mariany, by discussing travels around the world. Mariany will transport you through experiential narratives, photos and uplifting travelogues.

**Neurodiversity, Autism,
and Your Unique
Processing of the
World: Part 1**

Aaron Feinstein

**Tuesday, October 27 •
4:00 PM**

Performing Arts Center

Neurodiversity encompasses a large range of human experiences and the natural diversity of minds, but it is also a movement. Aaron Feinstein will take you on a journey to exploring neurodiversity with a specific emphasis on the autism spectrum, and the unique sensory, communication, and motor-sequencing differences of individuals on the autism spectrum. We will explore this from a historical, scientific, and social perspective, based on lectures Aaron has done around the world including the United Nations, Arts in Education Conference, and the Kennedy Center.

Singular Watermark University Classes and Series

COURSES	FACULTY	DAY AND TIME	LOCATION
Neurodiversity, Autism, and Your Unique Processing of the World: Part 2	Aaron Feinstein	Thursday, October 29 • 4:00 PM	Performing Arts Center

In our second part of this unique series, Aaron will create an experiential for us to improvise what it may be like to have a neurological difference based on our unique sensory processing. This exercise will require a bit of imagination, and dress that will allow you to move as freely as possible. The goal of the exercise is a greater empathy towards people who may experience the world in different ways, and is a creative exploration of our own individual sensory processing.

Clay Modeling - Shape and Form	Charles Moses	Tuesday, November 3 • 4:00 PM
---	----------------------	--

What is art? Art is an expression of the soul and what it wants to show the world. There are many forms of art that can help express how you feel and what you want the world to see. With sculpture you can express those feelings through your hands and heart. Come and enjoy the experience and calming world of clay modeling. With touch and feel you can shape and form what you are feeling inside of you to show the world.

Faculty Biographies

NAME OF INSTRUCTOR

CLASS NAME

Maureen Graf

**Meditate to Motivate
Capture the Moment**

Maureen graduated from St. Thomas Aquinas College with a Bachelor of Science in Therapeutic Recreation and is Certified with the National Council for Therapeutic Recreation. She is a Licensed Nursing Home Administrator and is currently completing her Master of Public Administration (MPA) program at Long Island University. Maureen has devoted her career to improving the quality of life for the senior community.

Aaron Feinstein

**Beethoven's Symphonies,
Neurodiversity, Autism and Your Unique Processing
of the World**

Aaron is a producer, director, and arts educator based in NY. Aaron is the creator of the AIMS inclusive improvisational musical comedy workshop program, and the Actionplay Chorus that was featured on the HBO and Comedy Central Broadcast of Night of Too Many Stars. He co-directed the widely celebrated pilot program The Miracle Project with Elaine Hall which has been featured at the 92nd Street Y, Rebecca School, Celebrate the Children and the Educational Alliance. The Miracle Project was the subject of the 2006 HBO 2-Time Emmy Award Winning Documentary Autism: The Musical. Aaron has presented nationally at the United Nations, NYC Department of Education, NYU Forum on Educational Theater, Wonderplay, Arts in Education Roundtable, The Voice Foundation, Museum Access Consortium, and ICDL, among many others – and is the published author of several books, articles and journals focused on changing the stigmas surrounding disability.

Chandler French

**Sculpture Studio and Gallery: The Human Forms of
Michelangelo
Make an Impressionism: The Watercolors of Matisse**

Chandler French is an artist and art therapist. Chandler has extensive clinical experience working with adults diagnosed with HIV/AIDS and providing home- and community-based services (HBCS) and psychosocial rehabilitation (PSR) for adults with comorbid physical and mental illness. Chandler designed and facilitated “Our Town”, a group to combat symptoms of depression and another and the popular “It’s Not Right but It’s Okay”, weaving therapy group that addressed frustration tolerance. Chandler has a BA in Art History from Reed College, and an MA in Art Therapy from Pratt Institute.

NAME OF INSTRUCTOR

CLASS NAME

Ariel Weissberger**World Music Drumming: African Rhythms**

Ariel Weissberger is the founder and primary therapist of Berko Music Therapy. He has helped countless individuals and families in all stages of life. Ariel designed and implemented programs for various institutions in the area such as NYU Langone Medical Center, The Alzheimer's Foundation of America, The Institute for Music and Neurologic Function, Brooklyn Conservatory of Music, and Northern Westchester Hospital. Ariel has a passion for working with older adults because he cherishes the stories that make them who they are and tell us where we come from.

Lloyd Lewis**Classic Cocktails: History and Preparation**

Lloyd Lewis worked in dining services and management at Marriott hotels for over 8 years and also for New Presbyterian hospital for over 10 years, He has honed his skills as a food and beverage expert for 30 plus years, and is passionate about wine and spirits, and the opportunity to create elevated dining experiences at The Watermark Brooklyn Heights.

Fred Dexheimer**Classic Cocktails: History and Preparation**

Fresh out of high school, Fred Dexheimer worked jobs in seasonal resort destinations like Nantucket and Jackson Hole. But a knack for the nuances and nerdier aspects of all things wine gave him the skills he needed to land a job at the famed cellar of Daniel in New York City. From that prestigious point of entry, Dexheimer worked the front lines at Gramercy Tavern and the BLT Restaurant Group, where he won a StarChefs Rising Stars Award in 2005. After adding the Master Sommelier pin to his lapel, Dexheimer founded wine and beverage company Juiceman Consulting in 2009. His industry impact continued to expand with clients such as Wines of Chile, Wines of Southwest France, The Grand Hyatt NYC, Tao Group, Full Circle Wine Solutions, Nespresso, Star Chef's and more. After opening restaurants in North Carolina, Dexheimer returned to New York City for a post at The Winebow Group, heading up the distribution of established and emerging wine labels across the United States. In late 2018, he signed on to craft cocktails for Playboy Club New York. Dexheimer also is an adjunct wine educator at the International Culinary Center and has contributed to The New York Times, Wine Spectator, Food & Wine, Bon Appétit, and many more.

Drita Cekic**Dance Like an Albanian!**

Drita is an American Albanian that was born and raised in The Bronx, NY with an extended family ranging to over a thousand relatives. Drita and her husband Sal have a 8 month baby girl, Eleina and they enjoy spending most of their time with her singing and dancing. Drita speaks Albanian fluently, enjoys cooking traditional food, dancing to Albanian Music as family gatherings happen often and its always a reason to Dance.

NAME OF INSTRUCTOR

CLASS NAME

Mario Azzopardi

What makes this building tick? Intro to Maintenance and Plant Operations at The Watermark - Brooklyn Heights

Mario has worked in facilities management his entire career, serving in New York City luxury High Rise Buildings and Medical Facilities . He provides white glove service to residents and maintaining an excellent rapport at all times. In his spare time, he takes on projects such as building face shields for essential workers during Covid-19 and distributing them throughout New York City.

Kfir Kertes

Mouthwatering Mediterranean Dishes at Gustoso's

Born and raised in Israel, Chef Kfir Kertes has over 20 years of professional cooking and kitchen management experience, specializing in creating exciting dishes with attractive presentation and incredible taste. In 2013, Chef Kertes brought his culinary talents to New York City and has been cooking in the hospitality industry and leading teams ever since. His passion for food, culture, art and travel are reflected in all of his dishes. Kfir is grateful to have the opportunity to work with the Watermark community.

Umadat Nandkumar

Senior Living in Less Developed Countires

Umadat worked as concierge at a Alzheimer Dementia community on the Upper East Side, where he had an incredible relationship with the residents. Umadat was previously a warehouse and distribution manager at Carole Wren. He loves his coffee, and enjoys the daily caffeine fix!

Rocco Bertini

Rock and Roll Chart Toppers from the 50's and 60ss

Prior to joining Watermark, Bertini served as Executive Director and General Manager of The Bristal at Jericho assisted living complex and the adjacent Encore Luxury Living senior residence in Jericho, N.Y. Bertini's extensive experience in the senior living and hospitality industries also includes positions as executive director and general manager for Atria Senior Living in Louisville, Kentucky and as regional director of operations for Morrison Senior Living—The Compass Group in Charlotte, N.C. Bertini received a bachelor's degree in business administration from the University of Phoenix and an associates degree in hotel and restaurant management from Sullivan Community College. He is a Certified Director of Assisted Living (CDAL), as credentialed by the Senior Living Certification Commission (SLCC).

NAME OF INSTRUCTOR

CLASS NAME

Elyssa Rosenberg

Anxiety, Let's Deal with It

Elyssa Rosenberg is thrilled to be working as the Wellness Director in our Brooklyn Heights office. Elyssa received her BS and AD degrees from the University of Miami, Coral Gables FL and from Long Island College Hospital in Brooklyn, NY. Working as a Registered Nurse on an inpatient floor and the emergency room in a psychiatric unit gave her an excellent baseline to handle many acute and long term nursing challenges. She has recently worked with a Plastic Surgery Group focusing on surgical patient care, post-operative recovery and spear headed an opening for a new satellite office. Elyssa continues to work with private duty patients helping guide them through their medical journeys. Elyssa thrives on the challenge of making everyone she works with feel safe and at home in their environments. She also thrives on contributing to our members overall health and achieving their wellness goals. In her free time, she enjoys cooking and creating new healthy yet delicious meals and spending time with her family and friends, preferably down the Jersey shore.

Turnstile Tours

**History of Coffee
History of 21 Clark St.**

Turnstile's mission is to advance public knowledge about the meaning of place, foster connections and understanding between people of diverse backgrounds, and inspire and reflect a culture of community participation through providing welcoming, well-researched, inclusive, and engaging experiences and resources to people of all ages and abilities. The company itself achieves its mission through Turnstile Tours, the foundation of the company that operates ongoing public tour programming and research efforts in partnership with select nonprofit organizations, and Turnstile Studios, a consulting practice that supports cultural and government organizations in place-making efforts, visitor engagement, and in the development of tours, programs, and exhibits.

Sahar Edalati

**Inside the World of American Sign Language (ASL)
and Music**

Sahar Edalati graduated from the University of Southern California with a Bachelor's in Human Development and Aging and a Master's in Long-Term Care Administration. Sahar volunteered at the Helen Keller National Institute for the Deaf and Blind in New York assisting as a ASL discussion group leader and translator.

NAME OF INSTRUCTOR

CLASS NAME

Natalia Reagan

Going Ape, Part 2: Monkeys (and Apes!) Getting Funky

Natalia Reagan is an anthropologist, primatologist, actor, producer, writer, host and comedienne. She is a comedy writer and correspondent on Neil deGrasse Tyson's StarTalk on Nat Geo and is also a StarTalk All-Star podcast host. She was the co-host on Spike TV's show 10 Million Dollar Bigfoot Bounty where she used her vast knowledge of primate behavior and fieldwork to judge contestants searching for "the world's greatest hide and go seek champion", Bigfoot. Natalia also wrote and produced a web series with her Bigfoot Bounty co-star called Talking Shit with Dr. Todd and Natalia. She was also a regular animal expert on Nat Geo Wild's Everything You Didn't Know About Animals. She was a regular writer and host for Discovery Communications DNews, Seeker, & TestTube. She has appeared on the TODAY Show, Fox News, Arise 360, HuffPost Weird News Podcast, and various podcasts & radio shows weighing in on different scientific subjects, from the evolution of boobs and butts to how pheromones play a role in human mating.

Betsy Babu

Classic and New Hollywood Cocktails

Prior to joining Watermark at Brooklyn Heights, Betsy was Director of Resident Relations and Reflections Director at Atria Assisted Living Communities in Lake Success and North Hills, NY, where she created and implemented individualized service plans for residents and advocated for residents and their families. Babu was previously a nursing case manager for Amber Court Assisted Living in Westbury, NY. She holds an associate degree in biology from Nassau Community College, received her LPN from The Nassau County Vocational Education and Extension Board, and is currently completing a registered nursing program at Excelsior College.

Vincent Stewart

Wines at the Watermark: Taste, Look, and Feel

Vince Stewart is a graduate of Florida State University with a BS in Business Management specializing in Hospitality Management. Vince has worked in the food and beverage industry for over 30 years and has partnered with a Master Sommelier to create amazing beverage menus in his previous restaurants.

NAME OF INSTRUCTOR

CLASS NAME

Mariany Colombo**MariaNY: From NY to Beyond**

Mariany Colombo holds a degree in Business Administration with concentration in Finance and Marketing and a minor in Political Science, she has since acquired experience in Accounting, Management, Human Resources and Customer Service. Originally from Brazil, Mariany is fluent in Portuguese. In her free time, she enjoys traveling, visiting museums, reading, and skiing. Mariany has traveled all over Europe and South America. As a self-proclaimed "travelholic," Mariany enjoys helping travelers with their plans and itineraries. Mariany has never been one to live in her own little bubble. Mariany puts it best, "traveling is extremely eye-opening. I love to watch how people live in other countries, what their traditions are and learn about their traditions and even celebrate with them. Traveling gives you a new perspective on life and make you (more) humble of the life you have. When you're travelling: you can do anything, you can go anywhere. I am always willing to try new stuff and push my own boundaries because I am in a new place. It gives me more strength and courage to step out of my comfort zone."

Charles Moses**Clay Modeling: Shape and Form**

Charles Moses is self taught in clay modeling and has created a variety of small figurines and clay sculptures from high art concepts to the world of sci-fi and fantasy. Charles has a passion for senior living, and has volunteered in teaching Senior living residents how to experience the joy of clay modeling and the arts at Atria Senior Living Community.



ÉLAN COLLECTION

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE

21 Clark Street • Brooklyn, NY 11201 • **347-343-4900** • watermarkbrooklyn.com

Application materials for the establishment of an Assisted Living Residence are currently under review by the New York State Department of Health.